



# New Patient Intake

**Kevin M. Roth, M.D.**

UCLA School of Medicine  
Harvard Orthopedic Surgery Residency  
Kerlan-Jobe Sports Medicine Fellowship  
Board Certified, Orthopaedic Surgery  
<http://www.kevinrothmd.com>

**PATIENT NAME:** \_\_\_\_\_

Sex:  M  F

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

## WORKER'S COMPENSATION PATIENTS ONLY:

Is this issue covered by workers' comp?  YES  NO

Are you coming in for a new work-related injury?  YES  NO

Who is your primary treating physician? \_\_\_\_\_

Is your insurance or employer specifically requesting this exam for employment or medical disability purposes?  YES  NO

Are all of the symptoms you want to discuss today from the work-related injury?  YES  NO

## NEW PATIENTS ONLY:

Referring Provider: \_\_\_\_\_

Were you referred by a doctor at this clinic or in this medical group?  YES  NO

When did your symptoms originally begin (estimated date)? \_\_\_\_\_

Was there a specific injury?  NONE  SPORTS  FALL  CAR ACCIDENT  OVERUSE  OTHER

Please describe how symptoms started: \_\_\_\_\_

How would you describe your symptom progress?  IMPROVING  UNCHANGED  WORSENING

How did you hear about us?  FRIEND/FAMILY  YELP  GOOGLE  OTHER: \_\_\_\_\_

## ALL PATIENTS:

1) Which body part is **most affected**?

Which side?  RIGHT  LEFT  BOTH      Specifically?  FRONT  BACK  INSIDE  OUTSIDE

Which area?  KNEE  HIP  THIGH  CALF  ANKLE  FOOT  TOE(S): \_\_\_\_\_  BACK

SHOULDER  ARM  HAND  WRIST  FINGER(S): \_\_\_\_\_  OTHER: \_\_\_\_\_

2) Have you had a recent **re-injury** to this area?  YES  NO

If yes, how:  SPORTS INJURY  FALL  CAR ACCIDENT  OVERUSE  WORK  OTHER

If yes, when? \_\_\_\_\_ Please describe: \_\_\_\_\_

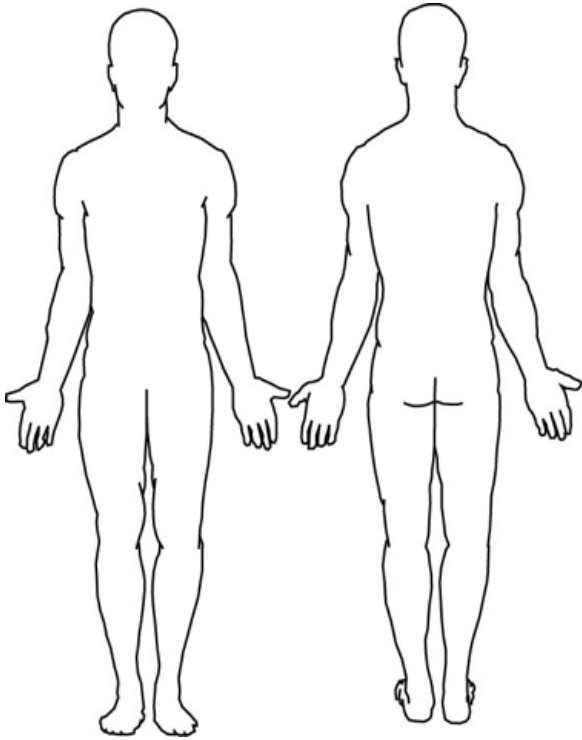
3) How likely do you think your symptoms will **require surgery**?

I JUST HAD SURGERY  VERY UNLIKELY  UNLIKELY  UNSURE  LIKELY  VERY LIKELY

4) What **diagnoses** have your recieved for these symptoms, if any? \_\_\_\_\_

## SYMPTOMS

Draw the appropriate symbols in the areas you want to discuss on the diagram below:



**XXXXXX** for **PAIN**  NONE

If you have **pain**, how would you describe its:

**Timing**  CONSTANT  INTERMITTENT  WITH ACTIVITY

**Quality**  ACHING  STABBING  DULL

**Severity**  MILD  MODERATE  SEVERE

**Scale** (NO PAIN) 0 1 2 3 4 5 6 7 8 9 10 (WORST)

**△△△△△** for **NUMBNESS/TINGLING**  NONE

If you have **numbness or tingling**, describe its:

**Timing**  CONSTANT  INTERMITTENT  WITH ACTIVITY

**Severity**  MILD  MODERATE  SEVERE

**OOOOO** for **SWELLING**  NONE

If you have **swelling**, how would you describe its:

**Timing**  CONSTANT  INTERMITTENT  WITH ACTIVITY

**Severity**  MILD  MODERATE  SEVERE

5) Are you experiencing any of these additional **symptoms**?

LIMITED MOTION  WEAKNESS  POPPING/LOCKING  INSTABILITY  \_\_\_\_\_

6) How are your symptoms affecting your ability to **work**?

NO EFFECT  LIMITED DUTY  UNABLE TO WORK DETAILS: \_\_\_\_\_

7) What makes your symptoms **worse**?

STANDING  WALKING  LIFTING  SITTING  STAIRS  GRASPING  \_\_\_\_\_

8) Are you experiencing any **difficulty with activities** you like to do?

SLEEPING  EXERCISING  PLAYING SPORTS  More: \_\_\_\_\_

## TREATMENTS

Rest  Ice  Heat  Brace  Elevation

Avoiding activities: \_\_\_\_\_

Oral anti-inflammatories:  CELEBREX  
 IBUPROFEN  ASPIRIN  NAPROXEN

Topical anti-inflammatories: \_\_\_\_\_

Physical therapy sessions: # \_\_\_\_\_

Cortisone injections: # \_\_\_\_\_

Viscosupplementation injections: # \_\_\_\_\_

Positional changes (i.e. lifting arm over head)

### Did it provide relief?

NONE  SOME  A LOT

NONE  SOME  A LOT

NONE  SOME  A LOT

NONE  SOME  A LOT

NONE  SOME  A LOT

NONE  SOME  A LOT

NONE  SOME  A LOT

NONE  SOME  A LOT

### Are you still using this?

ONGOING  DISCONTINUED

ONGOING  DISCONTINUED

ONGOING  DISCONTINUED

ONGOING  DISCONTINUED

LAST DATE: \_\_\_/\_\_\_/\_\_\_

LAST DATE: \_\_\_/\_\_\_/\_\_\_

ONGOING  DISCONTINUED

ONGOING  DISCONTINUED

Other: \_\_\_\_\_

## SOCIAL HISTORY

Occupation: \_\_\_\_\_  RETIRED  UNEMPLOYED  
Exercise Type:  WEIGHTLIFTING  AEROBICS  STRETCHING  OTHER Times/Week: \_\_\_\_\_  
Tobacco Use:  CURRENT  PREVIOUS  NONE Number of Years: \_\_\_\_\_ Packs/Day: \_\_\_\_\_  
Alcohol Use:  YES  NO Amount: \_\_\_\_\_ Recreational Drug Use:  YES  NO Description: \_\_\_\_\_

## PERSONAL AND FAMILY MEDICAL HISTORY

Have **YOU** or family members been diagnosed with any of the following:

	Self	Father	Mother	Brother	Sister
ARTHRITIS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
GOUT	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
RHEUMATOLOGIC (I.E. LUPUS)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CARPAL TUNNEL SYNDROME	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
OSTEOPOROSIS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
THYROID DISEASE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
STROKE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HYPERTENSION	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HEART DISEASE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DIABETES	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
COPD	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ASTHMA	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CANCER	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
RENAL / KIDNEY DISEASE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
OTHER(S): _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## SURGICAL HISTORY

Have you had any **previous surgeries**?

JOINT REPLACEMENT  ACL RECONSTRUCTION  MENISCAL REPAIR  CARPAL TUNNEL RELEASE  LABRAL REPAIR  SURGICAL FRACTURE REPAIR  ROTATOR CUFF REPAIR  JOINT/ SPINE FUSION  CARDIAC BYPASS  CARDIAC STENTING  PACEMAKER PLACEMENT  OTHER

Surgery: \_\_\_\_\_ Surgeon: \_\_\_\_\_ Year: \_\_\_\_\_

Surgery: \_\_\_\_\_ Surgeon: \_\_\_\_\_ Year: \_\_\_\_\_

Surgery: \_\_\_\_\_ Surgeon: \_\_\_\_\_ Year: \_\_\_\_\_

## SPECIFIC MEDICATIONS

Are you taking any of the following **medications**?

ANTI-INFLAMMATORIES  BLOOD THINNERS (E.G. WARFARIN, XERALTO, LOVENOX, PLAVIX)  
 BETA-BLOCKERS (E.G. ATENOLOL, METOPROLOL)  OPIOIDS (E.G. FENTANYL, OXYCONTIN)

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_ Medication: \_\_\_\_\_ Dose: \_\_\_\_\_

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_ Medication: \_\_\_\_\_ Dose: \_\_\_\_\_

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_ Medication: \_\_\_\_\_ Dose: \_\_\_\_\_

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_ Medication: \_\_\_\_\_ Dose: \_\_\_\_\_

## ALLERGIES & ADVERSE REACTIONS

PENICILLIN  SULFA DRUGS  ANTIBIOTICS  PAIN MEDS  LATEX  ANESTHESIA

Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_ Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_

Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_ Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_

Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_ Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_

Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_ Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_

## REVIEW OF SYSTEMS

Please **mark** any symptoms you are experiencing:

**General:**  WEIGHTLOSS  FATIGUE  APPETITE CHANGES  NIGHT SWEATS  FEVER/CHILLS

### Eyes, Ears, Nose & Throat:

- VISION / HEARING CHANGES
- RINGING IN EARS
- SORE THROAT
- SINUS PAIN
- HOARSENESS

### Urologic:

- BLOOD IN URINE
- BURNING WHEN URINATING
- FREQUENT URINATION
- IMPOTENCE
- PAINFUL INTERCOURSE

### Heme/Lymphatic:

- EASY BRUISING
- BLOOD CLOTTING
- SWOLLEN LYMPH NODES
- FREQUENT NOSE BLEEDS
- ABNORMAL BLOOD TEST

### Cardiovascular:

- CHEST PAIN
- IRREGULAR HEART BEAT
- SWELLING IN LEGS OR FEET
- POOR CIRCULATION
- EXERCISE INTOLERANCE

### Skin:

- HAIR LOSS
- ITCHING
- RASHES
- EXCESSIVE DRYNESS
- GROWTHS OR LESIONS

### Allergic/Immunologic:

- SEASONAL ALLERGIES
- HIVES
- FREQUENT INFECTIONS
- POSITIVE TB OR HEPATITIS
- HIV POSITIVE

### Respiratory:

- SHORTNESS OF BREATH
- WHEEZING
- COUGHING
- COUGHING UP BLOOD
- SPUTUM PRODUCTION

### Musculoskeletal:

- JOINT PAIN
- SWOLLEN JOINTS
- JOINT INSTABILITY
- MUSCLE WEAKNESS
- STIFFNESS OR CRAMPING

### Psychiatric:

- DEPRESSION
- ANXIETY
- INSOMNIA
- HALLUCINATIONS
- MOOD SWINGS

### Gastrointestinal:

- FREQUENT HEARTBURN
- DIFFICULTY SWALLOWING
- ABDOMINAL PAIN
- NAUSEA OR VOMITING
- DIARRHEA OR CONSTIPATION

### Endocrine:

- HEAT OR COLD SENSITIVITY
- INCREASED THIRST
- EXCESSIVE SWEATING
- CHANGES IN SEX DRIVE
- MENSTRUAL IRREGULARITIES

### Neurologic:

- FREQUENT HEADACHES
- TREMORS
- DIZZINESS OR VERTIGO
- LOSS OF BALANCE
- SEIZURES

## ABOUT YOURSELF

Is there **anything else** you'd like your provider to know about you? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_